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-WUDGLWLRQDO UXQ ZDON GHVLIQHG WR DSSHDO WR HYHU\ DJH 7KLV M  
WKH EHVW ZD\ WR HQMR\ 'ZRUVKDN 5HVHUYRZKHQDFHILRZMHRV WKHQH  
ZDONHUV WZR XQLTXH FKRLFHV \RX FDQ FKRRVH HLWKHU D . PLOH  
H[SHULHQFHQJ WKH UDFH DWKOHWHV ZDON UXQ DORQJ WKH 'ZRUVKDN 5H  
WKH 'ZRUVKDN 'DP WR WKH ILQLVK OLQH ZKHUH \RX FDQ HQMR\ \RXU KDU

3DUWLFLSDQW	'HWDLOV	3DUWLFLSDQW	'HWDLOV
1DPH	BB	1DPH	BB
\$GGUHV	BB	\$GGUHV	BB
3KRQH 1XPEHU	BB	3KRQH 1XPEHU	BB
ODOH	BBBBB )HRDOW BBBB	ODOH	BBBBB )HRDOW BBBB
\$JH 7KH 'D\ 2I 7KH 5DFH	BB	\$JH 7KH 'D\ 2I 7KH 5DFH	BB
3OHDVH ODUN <RXU \$JH DQG 5DFH	BB	3OHDVH ODUN <RXU \$JH DQG 5DFH	BB
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\$JH ODOH	\$JH ODOH	\$JH ODOH	\$JH ODOH
\$JH )HPDOH	\$JH )HPDOH	\$JH )HPDOH	\$JH )HPDOH
\$JH- ODOH	\$JH XS ODOH	\$JH- ODOH	\$JH XS ODOH
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\$OO SURFHGGV ZLOO & IRHDDEDZDWR & WXQW\ 7KLV WZRUJH V \$YDLODEOH  
& KDPEHU 2I & RPPHUFH DQG EHQHILW WKH EXVLOH VHVH  
DQG FRPPXQLWLHV RI & OHDUZDWHU & RXU WK OHG /J  
\$GXOW 6PO OG /J ;/  
3OHDVH QRWH WKDW ZH DUH XQDE

### Racer Registration Form

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HOW TO REGISTER:

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## *Its All In THE DETAILS...*

### **Where:**

Participants will check in at the Dworshak Viewpoint starting at 8 am, which is where the start line will be set up. Participants will follow along the outlined 3K or 5K course across the Dworshak Dam to the midpoint check-in station and then return along the course to the finish line where food, drinks and other activities will take place.

### **Check In & Start Line Details:**

The starting line area will open at 7 am on Saturday, June 4, 2022. Access to the start area will be via Viewpoint Road. The 5K run/walk will begin at 10 am, the 3K run/walk will begin at 10:10 am. Crossing to the Dam area will be restricted to registered “The Maniac Race” participants. Security bands and numbers will be issued to enforce the restricted access.



### **Race Day Registration:**

Late Registration will take place on the left side of Viewpoint Rd below the View Point & starting area beginning at 8 am. There will be no late registration available at the race site.

### **SECURITY:**

All athletes will be issued security wrist bands that will be used to cross check names and bib numbers for permission to cross the dam area. Non participants, and/or anyone not wearing a security wrist band will not be allowed in the dam area.

Participants will be required to show PHOTO ID at check-in, and will not be allowed to carry a back pack or other such items across the dam. Participants can take a camera, water bottle or a “bare bones” stroller across the dam, but nothing else. No pets are allowed.

### **Race Day Schedule:**

#### **Saturday, June 4, 2022:**

7:00 am: Access to start area via Viewpoint Drive

8:00 am: Check In & Packet Pick Up opens (MUST HAVE PHOTO ID) at Viewpoint

9:45 am: Pre Race Athletes Meeting Starts at the starting line

10:00 am: 5K run/walk start

10:10 am: 3K run/walk start

11:30 am: Post Race Food & activities at the finish line

12:00 pm: Awards Ceremony

Course Cut Off Times: 12:00 pm

Note: Cut off times for the race will be strictly enforced. This means all access to the dam will no longer be available after 12 pm and all support crews for the race will be removed.

Also for security measures all runners MUST “check-out” at the finish line before they leave the race. This means that even if you are unable to finish the race you must “check-out” before you leave.